

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
	10:30 Chair Yoga 1:00 MSE 2:00 Spa Day w. Isabella 5:30 Friendly Faces (3)	9:00 MSE 9:00 Pet therapy on unit 1:00 MSE 1:30 Art Program 5:30 Friendly Faces (3) 5:30 After hour activity (4)	10:30 Brainteasers 1:00 MSE 2:00 Bingo 5:30 Friendly Faces (3) 5:30 After hour activity (5)	11:00 Resident Pizza Party *Invitations required Regular diets only	9:00 MSE 2:00 Music & Movement	10:30 Current Events 2:00 Active Games	
	1	2	3	4	5	6	
10:30 Sunshine Social 2:00 Bowling (3,5) 5:30 Friendly Faces (3) 5:30 After hour activity (2)	10:30 Chair Yoga 1:00 MSE 2:00 Photography Club 5:30 Friendly Faces (3)	9:00 MSE 9:00 Pet therapy on unit 1:00 MSE 1:30 Art Program 5:30 Friendly Faces (3) 5:30 After hour activity (4)	10:30 Brainteasers 1:00 MSE 2:00 Bingo 5:30 Friendly Faces (3) 5:30 After hour activity (5)	9:00 MSE 10:30 Catholic Service 2:00 Happy Hour	2:00 Music & Movement	9:00 MSE 2:00 Tribute Hour	
7	8	9	10	11	12	13	
9:00 MSE 2:00 Bowling (2,4) 5:30 Friendly Faces (3) 5:30 After hour activity (2)	10:30 Chair Yoga 1:00 MSE 2:00 Final dance lesson w. Isabella 5:30 Friendly Faces (3)	9:00 Pet therapy on unit 1:00 MSE 1:30 Art Program 5:30 Friendly Faces (3) 5:30 After hour activity (4)	10:30 Brainteasers 2:00 Bingo 5:30 Friendly Faces (3) 5:30 After hour activity (5)	2:00 Birthday Party	9:00 MSE 2:00 Music & Movement	10:30 Current Events 2:00 Active Games	
14	15	16	17	18	19	20	
10:30 Sunshine Social 1:00 MSE 2:00 Bowling (3,5) 5:30 Friendly Faces (3) 5:30 After hour activity (2)	10:30 Chair Yoga 1:00 MSE 2:00 Balloon Volleyball 5:30 Friendly Faces (3) 5:30 After hour activity (5)	9:00 MSE 9:00 Pet therapy on unit 1:00 MSE 1:30 Art Program 5:30 Friendly Faces (3) 5:30 After hour activity (4)	10:30 Brainteasers 1:00 MSE 2:00 Bingo 5:30 Friendly Faces (3)	SUGAR SHACK DAY 11:30 Sugar Shack Lunch on Units 1:30 to 3:00 Festivities 	2:00 Music & Movement	9:00 MSE 2:00 Tribute Hour	
21	22	23	24	25	26	27	
10:30 Sunshine Social 1:00 MSE 2:00 Bowling (2,4) 5:30 Friendly Faces (3) 5:30 After hour activity (2)	10:30 Chair Yoga 1:00 MSE 2:00 Anglican Service 5:30 Friendly Faces (3) 5:30 After hour activity (5)	9:00 MSE 9:00 Pet therapy on unit 1:00 MSE 1:30 Art Program 5:30 Friendly Faces (3) 5:30 After hour activity (4)					
28	29	30					
		*The Friendly Faces is for the residents of the 3 rd floor only. **Please be advised that due to unexpected circumstances, activities may, on occasion, be changed, post-poned or cancelled. ***If you intend to participate, please verify with the Recreation Department. ****ITP - Individual Therapeutic Program (1 x 1). Thank you!					