



	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						
			10:30 Chair Yoga 2:00 Bingo 5:30 Friendly Faces (3)	2:00 Happy Hour	2:00 Music & Movement	No Activities
			1	2	3	4
10:30 Sunshine Social 2:00 Bowling (2,4) 5:30 Friendly Faces (3)	10:30 Brain Teasers 1:00 MSE 2:00 Table Topics 5:30 Friendly Faces (3)	9:00 MSE 1:00 Art Program 1:00 Pet Therapy 2:00 Mouvement de passage (3) 5:30 Friendly Faces (3)	10:30 Chair Yoga 2:00 Bingo 5:30 Friendly Faces (3)	1:00 MSE 2:00 Valentine's Day Tribute 5:30 Friendly Faces (3)	9:00 MSE 2:00 Music & Movement	10:30 Current Events 2:00 Active Games 5:30 Friendly Faces (3)
5	6	7	8	9	10	11
10:30 Sunshine Social 2:00 Bowling (3,5) 5:30 Friendly Faces (3)	10:30 Brain Teasers 2:00 Pancake Tuesday 5:30 Friendly Faces (3)	9:00 MSE 1:00 Art Program 1:00 Pet Therapy 1:00 MSE 5:30 Friendly Faces (3)	10:30 Chair Yoga 2:00 Bingo 5:30 Friendly Faces (3)	10:30 Catholic Service 1:00 MSE 2:00 Happy Hour 5:30 Friendly Faces (3)	2:00 Music & Movement	9:00 MSE 2:00 Tribute Hour 5:30 Friendly Faces (3)
12	13	14	15	16	17	18
10:30 Sunshine Social 2:00 Bowling (2,4) 5:30 Friendly Faces (3)	10:30 Brain Teasers 1:00 MSE 2:00 Anglican Service 5:30 Friendly Faces (3)	9:00 MSE 1:00 Art Program 1:00 Pet Therapy 1:00 MSE 5:30 Friendly Face (3)	10:30 Chair Yoga 2:00 Bingo 5:30 Friendly Faces (3)	8:00 Recreation Staff Meeting 1:00 MSE 2:00 Birthday Party with Kris 5:30 Friendly Faces (3)	9:00 MSE 2:00 Music & Movement	1:00 Super Bowl Sunday with Kam 5:30 Friendly Faces (3)
19	20	21	22	23	24	25
10:30 Sunshine Social 2:00 Bowling (3,5) 5:30 Friendly Faces (3)	10:30 Brain Teasers 1:00 MSE 2:00 Pat's Pet Show 5:30 Friendly Faces (3)	9:00 MSE 1:00 Art Program 1:00 Pet Therapy 1:00 MSE 5:30 Friendly Faces (3)	10:30 Chair Yoga 2:00 Bingo 5:30 Friendly Faces (3)			
26	27	28	29			
<p>*The Friendly Faces and Tea Party programs (3rd) are for the residents of the 3rd floor only. **Please be advised that due to unexpected circumstances, activities may, on occasion, be changed, post-poned or cancelled. ***If you intend to participate, please verify with the Recreation Department. Thank you! ****ITP - Individual Therapeutic Program (1 x 1). **** J.O.Y Group "Just Older Youth" 3rd floor only</p>						