CHSLD BAYVIEW INC.

Fall-Winter Menu 2026-2027

WEEK 1

Day		Breakfast	Lunch	Supper
Sunday	Macaroni salad	• Cream of wheat • Cornflakes • Toast & strawberry jam • Orange juice	• **Late breakfast** • Western Omelet **(S)**, sausage, hash brown potatoes • Fruit salad	• Maple turnip soup • **Chicken Chili** • Bread roll • Orange Jello
Monday	Carrot slaw	• Cream of wheat • Raisin Bran Flakes • **Poached egg** • Toast & strawberry jam • Orange juice	• **Pastitsio (S)** (pasta casserole with meat & bechamel sauce) • Balsamic beets • Peaches	• Carrot citrus soup • **Maple ginger stir-fry (S)** • Rice • Banana pudding
Tuesday	Green salad	• Oatmeal • Special K • Toast & marmalade • Orange juice	• **Pork parmesan** • Tomato sauce • Herb roasted potatoes • Roasted cauliflower • Cinnamon rice pudding	• Cream of broccoli soup • **Lemon scented salmon bowties pasta (S)** • Peas • Pears
Wednesday	Green salad	• Cream of wheat • Cornflakes • **Cheesy chive eggs** • Toast & raspberry jam • Orange juice	• **Honey mustard chicken (S)** • Herbed mashed potato • Roasted Brussel sprouts • Chocolate sundae	• Cream of celery soup • **Harvest loaf (S)** • Tomato sauce • Roasted sweet potatoes • California mixed veg. • Seasonal fruit
Thursday	Beet salad	• Oatmeal • Rice Krispies • Toast & raspberry jam • Orange juice	• **Cheese Ravioli with Alfredo sauce (S)** • Broccoli • Tiramisu mousse	• Chicken vegetable soup • **Cinnamon French toast (S)** • **Pork & beans (S)** • Strawberry-rhubarb compote
Friday	Coleslaw	• Cream of wheat • Raisin Bran Flakes • **Scrambled egg** • Toast & strawberry jam • Orange juice	• **Fish au gratin (S)** • Lemon potatoes • Green beans • Pie of the day	• Roast squash soup • **Chicken Pot Pie (S)** • Mashed potato • Mandarines
Saturday	Quinoa bean salad	• Oatmeal • Cheerios • Toast & marmalade • Orange juice	• **Beef Stew** • Mashed potato • Cinnamon apples	• Chicken noodle soup • **Turkey meatloaf with cranberry glaze (S)** • Mashed potato • Corn • Strawberry pudding

- **Available on request:** tea, coffee, milk, soy beverage, tomato juice, fruit juices
- **(S)** suitable for regular-soft diet.

Sandwiches available:

egg, chicken salad, cheese & tomato, ham & cheese, peanut butter & jam

Specials of the week available at lunch or supper:

1. Tuna sandwich (S)
2. Meatballs (S) – select one choice of sauce: honey mustard, barbeque or sweet & sour