NOVEMBER 2026 — **MONTHLY SCHEDULE - RECREATION**

NOVEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						10:30 Current Events 2:00 Active Games 1
9:00 MSE 10:30 Sunshine Social 2:00 Bowling (2,3) 5:30 Friendly Faces (3) 2	9:00 MSE 10:30 Chair Yoga 1:00 J.O.Y. Group (3) 2:00 Jeopardy 5:30 After hour activity (4) 5:30 Friendly Faces (3) 3	9:00 MSE 9:00 Pet therapy on unit 1:00 MSE 1:30 Art Program 5:30 Friendly Faces (3) 4	10:30 Brainteasers 1:00 J.O.Y Group (3) 2:00 Bingo 5:30 After hour activity (2) 5:30 Friendly Faces (3) 5	10:30 Art Group with Horizon High School 2:00 Happy Hour 6	1:00 Sing-a-long with Jim (2) 2:00 Sing-a-long with Jim (4) 2:00 Music & Movement 7	9:00 MSE 2:00 Tribute Hour 8
9:00 MSE 10:30 Sunshine Social 2:00 Bowling (4,5) 5:30 Friendly Faces (3) 9	9:00 MSE 10:30 Chair Yoga 1:00 J.O.Y. Group (3) 2:00 Movie under the stars 5:30 After hour activity (4) 5:30 Friendly Faces (3) 10	9:00 MSE 10:30 Remembrance Day Tribute 1:00 MSE 1:30 Art Program 5:30 Friendly Faces (3) 11	9:00 MSE 10:30 Brainteasers 1:00 J.O.Y Group (3) 2:00 Bingo 5:30 After hour activity (2) 12	2:00 Happy Hour 5:30 Friendly Faces (3) 13	9:00 MSE 2:00 Music & Movement 14	10:30 Current Events 2:00 Active Games 15
9:00 MSE 10:30 Sunshine Social 2:00 Bowling (2,3) 5:30 Friendly Faces (3) 16	9:00 MSE 10:30 Chair Yoga 2:00 Bayview Memorial Service 5:30 After hour activity (4) 5:30 Friendly Faces (3) 17	9:00 MSE 9:00 Pet therapy on unit 1:00 MSE 1:30 Art Program 5:30 Friendly Faces (3) 18	9:00 MSE 10:30 Brainteasers 1:00 J.O.Y Group (3) 1:30 Mouvement de passage (3) 2:00 Bingo 5:30 After hour activity (2) 19	10:30 Catholic Service 2:00 Happy Hour 5:30 Friendly Faces (3) 20	1:00 Sing-a-long with Jim (3) 2:00 Sing-a-long with Jim (5) 2:00 Music & Movement 21	9:00 MSE 2:00 Tribute Hour 22
9:00 MSE 10:30 Sunshine Social 2:00 Bowling (4,5) 5:30 Friendly Faces (3) 23	9:00 MSE 10:30 Chair Yoga 1:00 J.O.Y. Group (3) 2:00 Basketball 5:30 After hour activity (4) 5:30 Friendly Faces (3) 24	9:00 MSE 9:00 Pet therapy on unit 1:00 MSE 1:30 Art Program 5:30 Friendly Faces (3) 25	8:00 Recreation Staff Meeting 1:00 J.O.Y. Group (3) 2:00 Bingo 5:30 After hour activity (2) 26	2:00 Birthday Party 5:30 Friendly Faces (3) 27	9:00 MSE 2:00 Music & Movement 28	10:30 Current Events 2:00 Active Games 29
2:00 Bowling (2,3) 5:30 Friendly Faces (3) 30						

*The Friendly Faces is for the residents of the 3rd floor only.

**Please be advised that due to unexpected circumstances, activities may, on occasion,be changed, post-poned or cancelled.

***If you intend to participate, please verify with the Recreation Department. ****ITP - Individual Therapeutic Program (1 x 1). Thank you!

