

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						9:00 MSE 2:00 Tribute Hour 1
2:00 Bowling (3,5) 2 5:30 Friendly Faces (3) 5:30 After hour activity (4)	9:00 MSE 3 10:30 Chair Yoga 1:00 MSE 2:00 Active Games 5:30 Friendly Faces (3) 5:30 After hour activity (2)	9:00 MSE 4 9:00 Pet therapy (2, 4) 1:30 Art Program 5:30 Friendly Faces (3)	9:00 MSE 5 10:30 Smoothie Hour 2:00 Bingo 5:30 Friendly Faces (3)	2:00 International Women's Day Celebration 6	7 <b>NO ACTIVITIES</b>	10:30 Current Events 8 2:00 Active Games 5:30 Friendly Faces (3)
9:00 MSE 9 10:30 Sunshine Social 2:00 Bowling (2,4) 3:00 Book Club 5:30 Friendly Faces (3) 5:30 After hour activity (5)	9:00 MSE 10 10:30 Chair Yoga 2:00 Where in the World 5:30 Friendly Faces (3) 5:30 After hour activity (2)	9:00 MSE 11 9:00 Pet therapy (3,5) 1:30 Art Program 5:30 Friendly Faces (3)	9:00 MSE 12 10:30 Brainteasers 2:00 Bingo 5:30 Friendly Faces (3)	2:00 St-Patrick Day Celebration 13	9:00 MSE 14 2:00 Music & Movement	9:00 MSE 15 1:00 MSE 2:00 Tribute Hour 5:30 Friendly Faces (3)
10:30 Sunshine Social 16 2:00 Bowling (3,5) 5:30 Friendly Faces (3)	10:30 Chair Yoga 17 1:00 MSE 2:00 Anglican Service 5:30 Friendly Faces (3) 5:30 After hour activity (2)	9:00 MSE 18 1:30 Art Program 5:30 Friendly Faces (3)	9:00 MSE 19 10:30 Smoothie Hour 2:00 Bingo 5:30 Friendly Faces (3)	10:30 Catholic Service 20 2:00 Happy Hour	9:00 MSE 21 2:00 Music & Movement 5:30 Evening Toast	10:30 Current Events 22 2:00 Active Games 5:30 Friendly Faces (3)
2:00 Bowling (2,4) 23 3:00 Book Club 5:30 Friendly Faces (3) 5:30 After hour activity (5)	9:00 MSE 24 10:30 Chair Yoga 1:00 MSE 2:00 Fancy Nails 5:30 Friendly Faces (3) 5:30 After hour activity (2)	9:00 MSE 25 9:00 Pet therapy (2, 4) 1:30 Art Program 5:30 Friendly Faces (3)	9:00 MSE 26 10:30 Active Games 2:00 Bingo 5:30 Friendly Faces (3)	8:00 Rec. Staff Meeting 27 2:00 Birthday party	9:00 MSE 28 2:00 Music & Movement	9:00 MSE 29 2:00 Tribute Hour
9:00 MSE 30 10:30 Sunshine Social 2:00 Bowling (3,5) 5:30 Friendly Faces (3) 5:30 After hour activity (4)	9:00 MSE 31 10:30 Chair Yoga 1:00 MSE 2:00 Cocktail Hour 5:30 Friendly Faces (3) 5:30 After hour activity (2)	*The Friendly Faces is for the residents of the 3 <sup>rd</sup> floor only. **Please be advised that due to unexpected circumstances, activities may, on occasion, be changed, post-poned or cancelled. ***If you intend to participate, please verify with the Recreation Department. ****ITP - Individual Therapeutic Program (1 x 1). Thank you!				