

CHSLD BAYVIEW INC.

Fall-Winter Menu 2025-2026

WEEK 2				
Day		Breakfast	Lunch	Supper
Sunday	Mushroom Salad	• Cream of wheat • Cornflakes • Toast & strawberry Jam • Orange juice	• <u>Chicken fricassée (S)</u> • Mashed potato • California mixed vegetables • Orange Jello	• Cabbage soup • <u>Mini sausages</u> • <u>Pork & beans</u> • Mashed potato • Sunrise mixed vegetables • Applesauce
Monday	Carrot raisin slaw	• Cream of Wheat • Raisin Bran Flakes • <u>Poached egg</u> • Toast & strawberry jam • Orange juice	• <u>Beef Bourguignon</u> • Egg noodles • Carrots • Banana bread	• Borscht • <u>Harvest Pie (S)</u> • Roasted Brussel sprouts • Peaches
Tuesday	Green Salad	• Oatmeal • Special K • <u>Pancakes with maple syrup</u> (with applesauce for diabetics) • Orange juice	• <u>Pork parmesan</u> • Tomato sauce • Roasted potato • Roasted cauliflower • Berries and cream	• Cream of leek • <u>Lemon scented salmon bowties pasta (S)</u> • Peas • Mocha pudding
Wednesday	Coleslaw	• Cream of wheat • Cornflakes • <u>Cheesy chive eggs</u> • Toast & raspberry jam • Orange juice	• <u>Hamburger</u> • Coleslaw • French fries • Seasonal fruit	• Carrot citrus soup • <u>Pork meatballs (S)</u> • Teriyaki sauce • White rice • Broccoli • Jello cake
Thursday	Couscous salad	• Oatmeal • Rice Krispies • Toast & raspberry jam • Orange juice	• <u>Butter chicken (S)</u> • Basmati rice • Green beans • Vanilla ice cream	• Winter potage • <u>Grilled cheese sandwich</u> • Peas & carrots • Cinnamon apples
Friday	Beet salad	• Cream of wheat • Raisin Bran Flakes • <u>Scrambled egg</u> • Toast & strawberry jam • Orange Juice	• <u>Fish with leek sauce (S)</u> • Autumn mixed vegetable • Rice pudding	• Sweet potato curry soup • <u>Turkey salad croissant (S)</u> • Beet salad • Fruit salad
Saturday	Kidney bean Salad	• Oatmeal • Cheerios • Toast & marmalade • Orange juice	• <u>Pasta and meat sauce (S)</u> • California mixed veggies • Pears	• Cream of mushroom • <u>Ham omelet (S)</u> • Mashed potato • Carrots • Fruit yogurt

- **Available on request:** tea, coffee, milk, soy beverage, tomato juice, fruit juices
- **(S)** suitable for regular-soft diet

Sandwiches available:
egg, chicken salad, cheese & tomato, ham & cheese, peanut butter & jam

Specials of the week available at lunch or supper:
1. Steamed chicken (S) – select one choice of sauce: honey mustard, barbeque or sweet & sour
2. BLT Toasted Sandwich (Bacon-lettuce-tomato)