






MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<div>OCTOBER</div>		9:00 MSE 1:30 Art Program 5:30 Friendly Faces (3) 5:30 After hour activity (4) 1	10:30 Brainteasers 2:00 Bingo 5:30 Friendly Faces (3) 2	2:00 Happy Hour 5:30 Friendly Faces (3) 3	9:00 MSE 2:00 Music & Movement  4	10:30 Current Events 2:00 Active Games 5:30 Friendly Faces (3) 5
9:00 MSE 10:30 Sunshine Social 1:00 MSE 2:00 Bowling (3,5) 3:00 Book Club 5:30 Friendly Faces (3) 5:30 After hour activity (2) 6	9:00 MSE 10:30 Chair Yoga 1:00 MSE 2:00 <i>The Price is Right</i> 5:30 Friendly Faces (3) 7	9:00 MSE 9:00 Pet therapy on unit (2,4) 1:30 Art Program 5:30 Friendly Faces (3) 5:30 After hour activity (4) 8	10:30 Smoothie Hour 2:00 Bingo 5:30 Friendly Faces (3) 5:30 After hour activity (5) 9	2:00 Thanksgiving Gathering 5:30 Friendly Faces (3) 10	 11	9:00 MSE 2:00 Tribute Hour 12
9:30 Mouvement de passage (3) 2:00 Bowling (2,4) 5:30 Friendly Faces (3) 5:30 After hour activity (2) 13	9:00 MSE 1:00 MSE 2:00 Active Games 5:30 Friendly Faces (3) 5:30 After hour activity (5) 14	9:00 MSE 9:00 Pet therapy on unit (3,5) 1:00 MSE 1:30 Art Program 5:30 Friendly Faces (3) 5:30 After hour activity (4) 15	10:30 Brainteasers 2:00 Bingo 5:30 Friendly Faces (3) 16	10:30 Catholic Service 2:00 Birthday Party 5:30 Friendly Faces (3)  17	 18	10:30 Current Events 2:00 Active Games 4:00 High Tea with Suzanne 5:30 Friendly Faces (3) 19
9:00 MSE 10:30 Sunshine Social 1:00 MSE 2:00 Bowling (3,5) 3:00 Book Club 5:30 Friendly Faces (3) 5:30 After hour activity (2) 20	9:00 MSE 10:30 Chair Yoga 1:00 MSE 2:00 Anglican Service 5:30 Friendly Faces (3) 5:30 After hour activity (5) 21	9:00 MSE 9:00 Pet therapy on unit (2,4) 1:30 Art Program 5:30 Friendly Faces (3) 5:30 After hour activity (4) 22	10:30 Smoothie Hour 2:00 Bingo 5:30 Friendly Faces (3) 23	8:00 Recreation Staff Meeting 2:00 Games and Goodies 5:30 Friendly Faces (3) 24	2:00 Music & Movement 5:30 Evening Toast 25	9:00 MSE 2:00 Tribute Hour 26
9:00 MSE 10:30 Sunshine Social 1:00 MSE 2:00 Bowling (2,4) 5:30 Friendly Faces (3) 5:30 After hour activity (2) 27	9:00 MSE 10:30 Chair Yoga 1:00 MSE 2:00 Laughter Yoga 5:30 Friendly Faces (3) 5:30 After hour activity (5) 28	9:00 MSE 9:00 Pet therapy on unit (3,5) 1:30 Art Program 5:30 Friendly Faces (3) 5:30 After hour activity (4) 29	10:30 Brainteasers 2:00 Bingo 5:30 Friendly Faces (3) 30	10:30 Dress Up! 2:00 Halloween Bash 5:30 Friendly Faces (3) 31		
		<p>*The Friendly Faces is for the residents of the 3rd floor only.</p> <p>**Please be advised that due to unexpected circumstances, activities may, on occasion, be changed, post-poned or cancelled.</p> <p>***If you intend to participate, please verify with the Recreation Department. ****ITP - Individual Therapeutic Program (1 x 1). Thank you!</p>				