**MONTHLY SCHEDULE - RECREATION SEPTEMBER 2025** 

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY
2:00	Bowling (2,4)	10:30	Chair Yoga	9:00	Pet therapy on unit (3,5)	10:30	Brainteasers	2:00	Happy Hour	9:	:00 MSE	10:30	Current Events
5:30	Friendly Faces (3)	1:00	MSE	1:30	Art Program	2:00	Bingo	5:30	Friendly Faces (3)	2:	:00 Music & Movement	2:00	<b>Active Games</b>
5:30	After hour activity (2)	2:00	Active Games	5:30	Friendly Faces (3)	5:30	Friendly Faces (3)					5:30	Friendly Faces (3
		5:30	Friendly Faces (3)	5:30	After hour activity (4)								
		5:30	After hour activity (5)										
	1		2		3		4			5	6		
9:00	MSE	9:00	MSE	9:00	MSE	10:30	Smoothie Hour	2:00	Happy Hour	2:	:00 Music & Movement	9:00	MSE
10:30	Sunshine Social	10:30	Chair Yoga	9:00	Pet therapy on unit (2,4)	2:00	Bingo	5:30	Friendly Faces (3)	5	30 Evening Toast	2:00	Tribute Hour
1:00	MSE	1:00	MSE	1:30	Art Program	5:30	Friendly Faces (3)		A Comment				
2:00		2:00	Music Through	5:30	Friendly Faces (3)								
3:00	Book Club		The Decades	5:30	After hour activity (4)						W.Y.		
5:30	Friendly Faces (3)	5:30	Friendly Faces (3)										
5:30	After hour activity (2)	5:30	After hour activity (5)										
	8		9		10		1′	1		12	13	3	
0:30	Sunshine Social	9:00	MSE	9:00	MSE	10:30	Brainteasers	10:30	Catholic Service	9:	:00 MSE	10:30	Current Events
:00	MSE	10:30	Chair Yoga	9:00	Pet therapy on unit (3,5)	2:00	Bingo	2:00	Games & Goodies	2:	:00 Music & Movement	2:00	<b>Active Games</b>
2:00	Bowling (2,4)	1:00	MSE	1:00	MSE	5:30	Friendly Faces (3)	5:30	Friendly Faces (3)			5:30	Friendly Faces (3
5:30	Friendly Faces (3)	2:00	Anglican Service	1:30	Art Program								
5:30	After hour activity (2)	5:30	Friendly Faces (3)	5:30	Friendly Faces (3)								
		5:30	After hour activity (5)	5:30	After hour activity (4)								
	15		16		17		18			19	20		
:00	MSE	9:00	MSE	9:00	MSE	10:30	Smoothie Hour	2:00	Birthday Party		:00 Music & Movement	9:00	MSE
0:30	Sunshine Social	10:30	Chair Yoga	9:00	Pet therapy on unit (2,4)		Bingo	5:30	Friendly Faces (3)	5	:30 Evening Toast	2:00	Tribute Hour
1:00	MSE	1:00	MSE	1:00	MSE	5:30	Friendly Faces (3)						
2:00	, , ,	2:00	Photograpghy Club	1:30	Art Program								
3:00		5:30	Friendly Faces (3)	5:30	Friendly Faces (3)								
5:30	• • • • • • • • • • • • • • • • • • • •	5:30	After hour activity (5)	5:30	After hour activity (4)								
5:30	After hour activity (2)												
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9:00		9:00	MSE	3								-	76 W (100)
10:30	Sunshine Social	10:30	Chair Yoga		W/S								
1:00	MSE	1:00	MSE	11.1							NEW STATE	1	
2:00	<b>U</b> ( , ,	2:00	Casino Royale	3		D							
5:30	Friendly Faces (3)	5:30	Friendly Faces (3)								<b>为一种</b>	1	
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\*The Friendly Faces is for the residents of the 3<sup>rd</sup> floor only.

After hour activity (2) 5:30

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After hour activity (5)

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<sup>\*\*</sup>Please be advised that due to unexpected circumstances, activities may, on occasion,be changed, post-poned or cancelled.

<sup>\*\*\*</sup>If you intend to participate, please verify with the Recreation Department. \*\*\*\*ITP - Individual Therapeutic Program (1 x 1). Thank you!