

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	10:30 Chair Yoga 2:00 Canada Day Celebration 5:30 Friendly Faces (3) 5:30 After hour activity (5) 1	9:00 MSE 9:00 Pet therapy on unit (2,4) 1:00 MSE 1:30 Cocktail Hour 2:00 Outside Program 5:30 Friendly Faces (3) 5:30 After hour activity (4) 2	10:30 French Group 10:30 J.O.Y Group (3) 10:30 Sushine Social 1:00 MSE 2:00 Bingo 5:30 Outing: Beer Fest 5:30 Friendly Faces (3) 4	9:00 MSE 10:30 Garden Group 2:00 Temporary Tattoo Event 4	10:30 Get together 2:00 Music & Movement 5	9:00 MSE 2:00 Tribute Hour 6
9:00 Pet therapy on unit (3,5) 1:00 MSE 2:00 Disco Bowling (2,4) 5:30 Friendly Faces (3) 5:30 After hour activity (2) 7	9:00 Pet therapy on unit (2,4) 10:00 Chair Yoga 1:00 MSE 2:00 Dance lessons with Bella 5:30 Friendly Faces (3) 5:30 After hour activity (5) 8	9:00 MSE 11:00 Outing: Lavender Garden & Picnic 1:30 Art Program 2:00 Outside Program 5:30 Friendly Faces (3) 5:30 After hour activity (4) 9	10:30 J.O.Y Group (3) 10:30 Sunshine Social 1:00 MSE 2:00 Bingo 5:30 Friendly Faces (3) 5:30 Outing: Paint Night 10	9:00 MSE 10:30 Garden Group 10:30 Outing: Nature Centre 2:00 Happy Hour 11	9:00 MSE 10:30 Get together 2:00 Music & Movement 2:00 Photography Club 12	10:30 Current Events 2:00 Active Games 13
9:00 Pet therapy on unit (3,5) 1:00 MSE 2:00 Disco Bowling (3,5) 5:30 Friendly Faces (3) 5:30 After hour activity (2) 14	10:00 Outing: Botanical Garden 1:00 MSE 2:00 Discovery Hour 5:30 Friendly Faces (3) 5:30 After hour activity (5) 15	9:00 MSE 9:00 Pet therapy on unit (2,4) 1:00 MSE 1:30 Cocktail Hour 2:00 Outside Program 5:30 Friendly Faces (3) 5:30 After hour activity (4) 16	10:30 French Group 10:30 J.O.Y Group (3) 10:30 Sunshine Social 12:15 Outing: Old Port 1:00 MSE 2:00 Bingo 5:30 Friendly Faces (3) 17	10:30 Garden Group 10:30 Catholic Service 2:00 Birthday Party 18	10:30 Get together 2:00 Music & Movement 19	9:00 MSE 2:00 Tribute Hour 20
8:00 Recreation Staff Meeting 1:00 MSE 2:00 Bowling (2,4) 5:30 Friendly Faces (3) 5:30 After hour activity (2) 21	10:30 Chair Yoga 11:00 Outing: Butterfly Farm 1:00 MSE 2:00 Active Games 5:30 Friendly Faces (3) 5:30 After hour activity (5) 22	9:00 Pet therapy on unit (3,5) 1:00 MSE 1:30 Art Program 5:30 Friendly Faces (3) 5:30 After hour activity (4) 23	8:00 Outing: Breakfast at the Manoir 10:30 J.O.Y Group (3) 10:30 Sunshine Social 2:00 Bingo 5:30 Friendly Faces (3) 24	2:00 Icecream Extravaganza 25	9:00 MSE 10:30 Get together 2:00 Music & Movement 2:00 Photography Club 26	10:30 Current Events 2:00 Active Games 27
2:00 Bowling (3,5) 5:30 Friendly Faces (3) 5:30 After hour activity (2) 28	10:30 Chair Yoga 1:00 MSE 2:00 Discovery Hour 5:30 Friendly Faces (3) 5:30 After hour activity (5) 29	9:00 MSE 13h30 Cocktail Hour 2:00 Outside Program 5:30 Friendly Faces (3) 5:30 After hour activity (4) 30	10:30 French Group 10:30 J.O.Y Group (3) 10:30 Sunshine Social 1:00 MSE 2:00 Bingo 5:30 Friendly Faces (3) 31	<div>JULY</div>		
		<p>*The Friendly Faces is for the residents of the 3rd floor only.</p> <p>**Please be advised that due to unexpected circumstances, activities may, on occasion, be changed, post-poned or cancelled.</p> <p>***If you intend to participate, please verify with the Recreation Department. ****ITP - Individual Therapeutic Program (1 x 1). Thank you!</p>				