


| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY | |
|---|--|---|---|---|--|---|--|
|  | | | | | 2:00 Music & Movement | 9:00 MSE 2:00 Tribute Hour | |
| 10:30 Sunshine Social 2:00 Bowling (2,4) 5:30 Friendly Faces (3) 5:30 After hour activity (2) | 10:30 Chair Yoga 1:00 MSE 2:00 Curling 5:30 Friendly Faces (3) | 9:00 MSE 9:00 Pet therapy on unit 1:30 Art Group 5:30 Friendly Faces (3) 5:30 After hour activity (4) | 10:30 Brainteasers 1:00 MSE 2:00 Bingo 5:30 Friendly Faces (3) 5:30 After hour activity (5) | 1:00 MSE 2:00 Ballet Performance 5:30 Friendly Faces (3) | NO ACTIVITIES 5:30 Evening Toast | NO ACTIVITIES | |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 | |
| 9:00 MSE 2:00 Bowling (3,5) 3:00 Book Club 5:30 Friendly Faces (3) 5:30 After hour activity (2) | 10:30 Chair Yoga 1:00 MSE 2:00 Guess That Tune 5:30 Friendly Faces (3) | 9:00 MSE 9:00 Pet therapy on unit 1:00 MSE 1:30 Art Group 5:30 Friendly Faces (3) 5:30 After hour activity (4) | 10:30 Brainteasers 2:00 Bingo 5:30 Friendly Faces (3) 5:30 After hour activity (5) | 1:00 MSE 2:00 Valentine's Day Happy Hour 5:30 Friendly Faces (3) | 2:00 Music & Movement | 9:00 MSE 2:00 Tribute Hour | |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 | |
| 10:30 Sunshine Social 2:00 Bowling (2,4) 5:30 Friendly Faces (3) 5:30 After hour activity (2) | 10:30 Chair Yoga 1:00 MSE 2:00 Anglican Service 5:30 Friendly Faces (3) | 9:00 MSE 9:00 Pet therapy on unit 1:00 MSE 1:30 Art Group 5:30 Friendly Faces (3) 5:30 After hour activity (4) | 10:30 Brainteasers 1:00 MSE 2:00 Bingo 5:30 Friendly Faces (3) 5:30 After hour activity (5) | 8:00 Rec. Staff Meeting 1:00 MSE 2:00 Happy Hour 5:30 Friendly Faces (3) | 9:00 MSE 2:00 Music & Movement | 10:30 Current Events 2:00 Active Games | |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 | |
| 10:30 Sunshine Social 2:00 Bowling (3,5) 5:30 Friendly Faces (3) 5:30 After hour activity (2) | 1:00 MSE 2:00 Dance lessons with Isabella 5:30 Friendly Faces (3) | 9:00 MSE 9:00 Pet therapy on unit 1:00 MSE 1:30 Art Group 5:30 Friendly Faces (3) 5:30 After hour activity (4) | 10:30 Brainteasers 1:00 MSE 2:00 Bingo 5:30 Friendly Faces (3) 5:30 After hour activity (5) | 1:00 MSE 2:00 Birthday party 5:30 Friendly Faces (3) | | | |
| 24 | 25 | 26 | 27 | 28 | | | |
|  | | <p>*The Friendly Faces is for the residents of the 3rd floor only. **Please be advised that due to unexpected circumstances, activities may, on occasion, be changed, post-poned or cancelled. ***If you intend to participate, please verify with the Recreation Department. ****ITP - Individual Therapeutic Program (1 x 1). Thank you!</p> | | | |  | |