

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 10:30 Sunshine Social 1:00 MSE 2:00 Bowling (2,4) 5:30 Friendly Faces (3) 7	10:30 Chair Yoga 2:00 Table Topics 5:30 Friendly Faces (3) 1	9:00 MSE 9:00 Pet therapy on unit 1:00 MSE 1:30 Art Group 5:30 Friendly Faces (3) 2	10:30 Brainteasers 2:00 Bingo 3:00 Book Club 5:30 Friendly Faces (3) 3	1:00 MSE 2:00 Happy Hour 5:30 Friendly Faces (3) 4	9:00 MSE 2:00 Music & Movement 5	10:30 Current Events 2:00 Active Games  6
10:30 Sunshine Social 1:00 MSE 2:00 Bowling (2,4) 5:30 Friendly Faces (3) 7	10:30 Chair Yoga 2:00 Volleyball 5:30 Friendly Faces (3) 8	9:00 MSE 9:00 Pet therapy on unit 1:00 MSE 1:30 Art Group 5:30 Friendly Faces (3) 9	10:30 Smoothie Hour 2:00 Bingo 5:30 Friendly Faces (3) 10	1:00 MSE 2:00 Thanksgiving Happy Hour 5:30 Friendly Faces (3) 11	NO ACTIVITY 12	9:00 MSE 2:00 Tribute Hour  13
10:30 Sunshine Social 2:00 Movie 5:30 Friendly Faces (3) 14	10:30 Chair Yoga 2:00 Fancy Nails 15	9:00 MSE 9:00 Pet therapy on unit 1:00 MSE 1:30 Art Group 5:30 Friendly Faces (3) 16	10:30 Brainteasers 2:00 Bingo 5:30 Friendly Faces (3) 17	10:30 Catholic Service 1:00 MSE 2:00 Happy Hour 18	NO ACTIVITY 19	10:30 Current Events 2:00 Active Games 20
10:30 Sunshine Social 2:00 Bowling (3,5) 5:30 Friendly Faces (3)  21	10:30 Chair Yoga 2:00 Anglican Service 2:00 Book Club 5:30 Friendly Faces (3) 22	9:00 MSE 9:00 Pet therapy on unit 1:00 MSE 1:30 Art Group 5:30 Friendly Faces (3) 23	10:30 Smoothie Hour 2:00 Bingo 24	8:00 Rec. Staff Meeting 2:00 Birthday Party 5:30 Friendly Faces (3) 25	2:00 Music & Movement 5:30 Evening Toast  26	NO ACTIVITY  27
10:30 Sunshine Social 1:00 MSE 2:00 Bowling (2,4) 5:30 Friendly Faces (3) 28	10:30 Chair Yoga 2:00 Jackpot 5:30 Friendly Faces (3) 29	9:00 MSE 9:00 Pet therapy on unit 1:00 MSE 1:30 Art Group 5:30 Friendly Faces (3) 30	2:00 Halloween Party 5:30 Friendly Faces (3)  31	OCTOBER 		
		<p>*The Friendly Faces is for the residents of the 3rd floor only.</p> <p>**Please be advised that due to unexpected circumstances, activities may, on occasion, be changed, post-poned or cancelled.</p> <p>***If you intend to participate, please verify with the Recreation Department. ****ITP - Individual Therapeutic Program (1 x 1). Thank you!</p>				